

WARTBURG

TRUMPET

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Let there be Outfly



Melissa Jacobsen/TRUMPET

THE FIRST OF MANY—Wartburg President Jack Ohle presides over his first Outfly, Thursday morning. More photos and a wrap-up of the day on page 3.

Part one of two

Student's life changed by emotional disorder

A Wartburg student who lived with the symptoms of depression for years battles with his mood disorder.

by Sara Baker
Editor

An estimated 17.5 million Americans are affected by some form of depression, and college students are not immune to this disease.

Matt* sits on the couch in his room, absent mindedly drumming a thumb on one jeans-clad leg. He fidgets and bounces a foot up and down. Although he seems tense, he relaxes as he begins to speak about a recent car ride.

"I was driving my car the other day, and it suddenly dawned on me that I was ridiculously happy for no reason," he says. "I used to hate myself. I hated my friends, and I hated the life I was living. But while I was sitting in my car, it hit me that I liked who I was for the first time. I felt like I was happy with my life. I felt like I liked my friends," he says, smiling at the memory.

For Matt, a senior at Wartburg, this unexpected happiness is a new feeling.

Matt suffers from depression. Although he only began seeing a counselor this summer, the 21-year-old said he has felt depressed almost all his life.

"I remember as a fourth grader feeling lonely and inadequate. I didn't like myself and I didn't exactly know why," he says. "I'd lay in bed at night thinking about how much I hated myself and how much I hated my life and how I wished I could die or that I wasn't who I was."

Matt's symptoms are shared by millions of men and women across the country, with no respect to age, race or gender.

Depression, a physical disorder caused by chemical changes in the brain, can affect people in different ways. Symptoms of depression can include sadness, loneliness, panic attacks, belligerence, low self-esteem, numbness or irritability.

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The disorder can strike quickly, with no apparent cause, or it can be triggered by a stressful or traumatic event, as in Matt's case.

Matt's depression worsened in 1990, the year he turned 13 and the year his older sister died in a car accident.

"I think I went through an emotional shut-down. I had a little bit of a pre-inclination to depression anyway, and her death didn't help," he says. "I lost my best friend and my only sibling. My life had changed forever, and I had to change whether I wanted to or not."

Matt says the years following his sister's death are "a blur. It's really a blur." In his grief, his normal feelings of depression temporarily subsided.

"I had always denied that I had depression, (but) it was so painfully obvious that I had it. I had to admit that I had a problem, that I wasn't perfect and that things weren't OK."

"I didn't notice the depression again until my freshman year of high school, a year after my sister died, because it took that long to get any semblance of a normal life anyway," he says.

After his sister's death, Matt withdrew from his friends and avoided emotionally connecting with others.

"The best way to avoid (losing someone) was to never put myself in a position to have that happen again. What happened was that I slowly denied that I had feelings for anything or anyone. I never made emotional ties with anyone. I never made emotional claims on anyone, certainly. I never needed anyone," he says.

DEPRESSION

See page 2

Campus briefs

MIDTERM IS COMING

With five weeks of classes under students' belts, midterm exams are soon approaching. Student concerned about how they are doing or if they are receiving a C or below in their classes should contact their advisor or the Pathways Center for help.

LATE STUDENT SENATE ELECTION RESULTS

The results of Tuesday's election to fill senate spots not represented during the normal senate election Sept. 22. are as follows: Ephraim Zamzow and Angie Helland, Grossmann; Theresa Fruehling, Manors; Allison Holmes, off-campus; and Rachel Stephens, Clinton.

Senate is now filled and students are encouraged to bring any concerns or requests to senators.

AMNESTY INTERNATIONAL

The human rights organization Amnesty International is seeking interested members. It meets once a month in the Conference Room. Currently, members are writing letters to the government and for the release of prisoners of war. A major goal this year is to make the Wartburg community aware of its presence. For more information or to join contact Laura Kresser, extension 7352.

HABITAT FOR HUMANITY

Two activities are scheduled for a Habitat for Humanity work day Saturday. One group will work on a house in Waterloo and another on a home in Mason City.

A Habitat work trip to Ottumwa is also being planned for Fall Break. The group will leave Wednesday, Oct. 21 and return Sunday afternoon Oct. 24.

To sign up for Habitat or work trips, contact Diana, at 7685 or Amber, at 7155.

"WOMEN IN LAW" CONFERENCE

A "Women in Law" conference will be held Oct. 31 at the University of Iowa in the Boyd Law building from 9 a.m. to 3 p.m. It is open to all Wartburg students interested in pursuing the law profession. A registration fee of \$10 is requested by Tuesday or \$13 at the door. Meals are provided.

Registration forms can be picked up in the Pathways Center. Financial assistance is available for those in need by calling 319-294-2597 for a fee waiver. Contact Pathways at 8615 for more information.

VOLUNTEER ACTION CENTER

The Volunteer Action Center, an organization that assists students in finding volunteer opportunities appropriate for interest, need and ability is now open. The center is located on the second floor of the student union between the Den and the East Room. Hours: Monday-Tuesday-Thursday, 3 to 4:30 p.m. and 7 to 9 p.m.; Tuesday, 9 a.m. to noon and 3 to 4:30 p.m.

Webmaster links to new position at ACT

by Lisa Smith
Staff Writer

A college relations communicator, technology specialist and friend will soon say goodbye.

Dr. David Rod, Wartburg's director of college relations, is moving on after two years of service.

Rod is responsible for communicating information about the college to people in and outside the Wartburg community. He discusses marketing for the college and how to improve its perception. Rod also helps create college publications and acts as a liaison to other college offices, including the president's office.



DR. DAVID ROD

Perhaps his biggest endeavor is working on the college's web page with Tom Hausmann, director of academic computing. Wartburg's web page was officially posted in August 1995 and Rod arrived a year later.

"The website is rewarding and fun for me to work on," Rod said.

Rod said he enjoys the opportunity to add to the existing web page. According to Rod, the number of people using the Wartburg web page has grown considerably in the last three years. In September of 1995, the website was used more than 17,000 times. Only three years later, there were more than 515,000 hits, almost 30 times more.

"The website has been enhanced by David's presence; he works well with the students and the staff at college relations," Hausmann said.

Rod has the opportunity to work with several students who have work study in the college relations office. Sophomore Chris Knudson is a web developer who works closely with Rod.

"Because of his (Rod's) leadership, the new web page is very impressive," said Knudson.

Rod came to Wartburg from Corcoran Communications in Iowa City. There he was an editor who developed admissions materials for colleges. Before that he was a professor of theater and speech at the University of Iowa and at Texas Lutheran in Seguin. Rod received his B.A. in English and Theater from St. Olaf and his M.A. in English with a speech and theater emphasis from the University of Iowa. He earned his Ph.D. in theater from the University of Kansas.

Rod said he enjoys his time at Wartburg. One of his highlights was setting up and narrating the Wartburg at the Paramount concert in Cedar Rapids last year. Rod also took advantage of some extra-curricular opportunities in his time at Wartburg. He performed in Kastle Kapers twice and played in the pit orchestra for "Crazy for You." Rod is also the faculty sponsor for the Wartburg Players this year.

"It's neat to be at a place that is almost totally students. Wartburg students are great people. They do interesting things, and they do them well," said Rod.

Rod cites family and personal reasons for leaving Wartburg. His last day will be Oct. 30. Rod said he is excited about starting a new job in Iowa City. He has accepted a position working on the web page for the ACT testing services communications division.

Rod said he will miss the people at Wartburg. The feeling seems to be mutual.

"David is one of the nicest people I've ever had the opportunity to work for. He makes working fun. I know the staff and the students in the office will miss him a lot," said Knudson.

SHIFTING E-MAIL HABITS

Computer network not ready for WebMail upgrade

by Sarah Christopherson
News Editor

Change has been occurring in the Wartburg e-mail system. Most notable of the recent additions is WebMail. But with the addition has come problems concerning e-mail.

Unfortunately, Wartburg's mainframe (central processing unit for the computer network) is not yet ready to handle the change; the system was not yet finetuned to suit WebMail, said Tom Hausmann, director of academic computing.

The change was made before the beginning of the school year, even though there was not ample time to thoroughly test the system. The purpose behind WebMail is to ease the load of the system said Hausmann. WebMail, unlike the interactive VAX system, is non-interactive, which means it is only connected to the mainframe when a person first logs in. Once the person's account has been accessed, the connection is broken and the person is working outside of the mainframe. This frees up memory.

There has been a dramatic shift in the e-mail habits of students in the past several years, said Hausmann. E-mail habits of the freshman class differ greatly from those of last year's senior class.

Hausmann said it is not uncommon for the freshmen to have three separate e-mail addresses; a Wartburg address, a Hotmail address and an address from high school or home. The freshmen are more frequent in using e-mail. Wartburg's mainframe is not tuned to handle these shifting habits. The addition of WebMail is intended to help mend this problem.

Last week's e-mail shutdown was the result of a lack of memory. Because WebMail had not been thoroughly tested, it had bugs that were not yet discovered.

"People don't notice when things go right," said Hausmann.

However, this was not a time when things went right. Hausmann said that network traffic is going up every year, and computer services is doing their best to grow with it.

The previous e-mail shutdown, which occurred the weekend of Sept. 12, was due to the crashing of the hard drive that held faculty, staff and student e-mail accounts. Hausmann said things like that happen once in a while and nothing can be done to stop it.

"You deal with the problems the best you can," he said. "It's more than keeping things going, it's doing the right thing." This was the right time to bring WebMail to Wartburg, he said.

Hausmann said although there might be a few initial problems with the system, WebMail is a step in the right direction to allowing students, faculty and staff access e-mail from any computer in the world that has Internet access.

DEPRESSION

Continued from page 1

Throughout junior high, high school and college, Matt was an active, involved student. He was involved in sports, theater and music. He was a straight-A student and the student body president at his high school. His friends and teachers thought he was outgoing, funny and polite.

But he was never happy.

"I have always felt that I didn't deserve what I got. When good things happened to me, I felt like I just got lucky or that people were just being nice to me. I got obsessed with proving that I was in control all the time. It was portraying the image that I was talented and had something to offer. All the while inside I felt like I didn't have anything to offer and that someday somebody would realize that," he says.

Matt's depression always got worse as the weather got colder.

"I'd feel really bad in the winter time, then spring would roll around and summer-time, and I'd get busy and I wouldn't notice it. But it was always there," he says.

Matt says he was able to deal with his depression and present himself as an in-control individual until his junior year of college, when his depression hit harder than ever.

"The winter was awful, worse than ever before. Every year I kept telling myself that once April hit, I'd be fine. And for five or six years, it kind of did. But it didn't get better last year, and it wasn't going to get better," he says.

Last winter, Matt felt tired and apathetic. He stopped caring about classes and his job. He began avoiding his friends. He began abusing alcohol to ignore his problems.

"I was slipping away as a person. I was detaching myself from my very life. I felt like

my world was caving in and any day, everyone would discover what a sham I was. I was losing my control. I was losing my ability to keep up the facade," he says.

In addition to the worsening of his depression, the anniversary of his sister's death was especially hard on him last year.

"I was not dealing with my sister's death very well at all, this past year especially. And I don't know why. Maybe it was all catching up with me finally," he says.

"I have always felt that I didn't deserve what I got. When good things happened to me, I felt like I just got lucky."

"I hated everything. I wanted to quit school. I wished I could quit being who I was. I hated my friends. The friends I had I started to loath to the point that I quit seeing them. I was lying to everyone, constantly."

Despite his emotional detachment from his friends, some began to notice that something wasn't right.

"I would let slip things about how I was feeling, or I'd get the idea that people were on to me that something was wrong. I'd always been very careful about keeping people from knowing what was going on. I was finding it impossible to keep people from knowing how I was feeling," he says.

Last December — a low point in his life — he watched a television special on depression that finally made him think seriously about why he felt the way he did.

"I watched it for an hour, and I thought 'I

feel exactly the way those people do,' " he says.

During the show, Matt got up to use the restroom in his dorm and saw a 10-question quiz about depression posted on the wall.

"It said if you answered 'yes' to a few questions, you should talk to somebody. Well, I answered 'yes' to damn near all of them — the best I've done on any quiz here at Wartburg," he says.

"I had always denied that I had depression, and then it was so painfully obvious after the special and after taking the quiz that I had it. I started to admit I was depressed and started to open up to the idea that I'd have to do something about it. It's hard to admit to a weakness, and for me, that was the cardinal sin before. I had to admit that I had a problem, that I wasn't perfect and that things weren't OK."

Although the television show made him think seriously about depression, he says he would never have gotten help if it weren't for the encouragement of his friends.

"I needed somebody to say 'Enough is enough; you need to go do something.' So when I hated my friends, and my friends started knowing something was up, I gave up. I stopped denying it. I got to the point that I didn't want to fight it anymore," he says. "My academic advisor sat me down in her office one day in April and called me on it. I told her that I needed help, and she told me it was time. She got on the phone and made the initial contact with a therapist."

Matt says he wouldn't have sought outside help if it weren't for his concerned friends and professors.

"I called my two closest friends and asked them if they thought I should go see a therapist, and they told me it was time. And so I set up an appointment."

In next week's Trumpet: Matt's therapy, his new life and his hopes for the future.

Symptoms of Depression

- feeling sad or anxious most of the day, every day
- losing interest in activities you once enjoyed, including sex
- losing weight (when not dieting) or gaining weight
- sleeping too much or too little or waking too early
- feeling drained of energy or physically slowed down
- feeling tired or weak all the time
- feeling worthless, guilty, or hopeless
- feeling irritable or restless all the time
- having trouble concentrating, making decisions, or remembering things
- having headaches, digestive disorders, or chronic pain that doesn't respond to medical treatment
- having repeated thoughts of suicide or death or actually making a suicide plan or attempt
- having hallucinations (false perceptions) or delusions (false beliefs)

We built this city on Outfly...



TOP LEFT: John Tiedt and Dustin Destival show their sense of fashion at the bell Thursday morning.

TOP RIGHT: Going against Wartburg rules, faculty and staff enjoy their Outfly lunch sitting in the fountain. Security was not on hand to issue fines for playing in the fountain.

CENTER: Outfly royalty were crowned at the bell in the wee hours of the morning. Kenny Wilcox and Janelle Frost were the lucky recipients of the hard-hat crowns.

BOTTOM LEFT: Showing the spirit of the Knights, Sarah Freed and friends display endless enthusiasm for the tradition of Outfly.

BOTTOM RIGHT: Molly O'Meara, Stacey Doughan, Taunee Sellers, Allison Windhorst and Kristin Kischer flaunt their 80's/Mexican costumes at the bell. The group was keeping in sync with the 80's theme "We Built This City on Rock 'n Roll."



Everybody loves a parade ... Oct. 17!



352-0221

Daily Happy Hr.
3:30-6:30

Patrons must
be 21 yrs of
age or older.



Mon. -
\$1.25 Pints of
domestic
\$3 Pints of
Bullfrogs and
Capt.
Morgans

Thurs. -

**Dual
Happy
Hour.**
3:30-7:00
10:00-2:00

Tues. -
**Ladies
Night**
8-12
\$5 all-you-
can-drink draft
beer/well drinks

Fri. -
Progressive
Pitchers 9-12
(starts at
\$2.75, ends at
\$4.25)
\$1.25 bottles
7-9
Frogs/Capt.
Morgans/Strippers
\$1.50 allnight

Wed. -
2 fer
pitchers
7-10
\$1.50 wells
\$1 pints

Sat. -
\$1.25 bottles
(1-5)
\$1 Schnapps
shots (7-10)
\$3.50 pitchers
(7-11)

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All Nite

All Nite

2 TACOS \$1.75
22 OZ. DRAWS \$1.75
2 FERS - \$3.50 Reloads

TUESDAY

WEDNESDAY

WEDNESDAY

WEDNESDAY

TWEETER And The MONKEY MEN

Live on Stage? You Bet!! Dancin'? You Bet!!

PROGRESSIVE \$3.50 Pitcher / \$2.75 Reloads 11:30

2FER Frogs, Captain & Cokes And Strippers

HOT WINGS
\$3.00

FRIDAY

CHEESE FRYS
\$1.25

THURSDAY

OPEN FOR LUNCH AT 11:30
Free Fry/Sandwich - 2 TACOS \$2.00

SATURDAY

\$1.25 BOTTLE SPECIAL
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FREE FRY NITE
With Any Sandwich

2 FER DRINKS

\$4.25 Pitchers

T.G.I.F. PARTY

2 FERS + \$4.25 Pitchers 11:30 to 7:00

\$1.50 Drinks + \$4.50 Pitchers 7:00 to 10:00

\$2.00 TACO BURGERS 4 to 12

PARTY PLANS?

BOOK'EM AT JOE'S!

POST GAME CELEBRATION
DANCIN'? You Bet!!!

PROGRESSIVE
Pitchers - Frogs - 7/7's

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GO KNIGHTS BEAT LUTHER WEEK!!!

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TRUMPET

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DISCLAIMER

Views expressed on this page are those of the editorial board and not necessarily those of the administration, faculty or staff of Wartburg College.

TRUMPET OBJECTIVES

The Trumpet was founded in 1906 as the Wartburg Quarterly. It is committed to fair, accurate and comprehensive coverage of campus events and issues affecting the Wartburg community.

TRUMPET LETTER POLICY

Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 3 p.m. Friday and related to current issues involving the Wartburg community. Letters may be sent to the Communication Arts office or e-mailed to: Trumpet. Please type "Letter to the Editor" as the subject line.

POSTMASTER: Please send address correction to The Trumpet, Wartburg College, Waverly, IA, 50677. Offices located in McElroy Communication Arts Center, (319) 352-8289. Mail subscription rate: \$22.50 annually. Periodical class postage paid at Waverly, IA, 50677.

POINT/COUNTERPOINT

Thomas and Norviel face off on Wartburg squirrels

As the season starts to change from summer to fall, Wartburg becomes a very different place. The

colors on the trees transform from green to yellow and yellow to brown. The fountain becomes just a cement hole in the sidewalk, something to avoid when walking around campus in the winter, instead of a beautiful place to sit and enjoy the night.

And the squirrels become more than cute, furry little animals. They transform into evil little creatures who will do anything to get a nut. They show no mercy.

Unlike other animals on our campus, such as rabbits and cats, the squirrels are different. When I see a rabbit hopping around campus, I feel happy. I watch as he jumps and leaps from spot to spot, looking and hoping for a little bite to eat. His white cottontail all perky and bright, he looks so friendly.

The cats that live around Old Main are almost like students, they have been here so long. They will come up to you, purring and rubbing up against your leg — just wanting to be petted, just wanting to be loved.

But the squirrels are not like this at all.

The squirrels are almost like a street gang. Try walking across the quad during the day. They are everywhere, scurrying about from tree to tree, digging for nuts and even fighting with each other. They are not like the rabbits or the cats. They do not represent peace and love. They are signs of hate and evil.

When you cross the path of a rabbit or cat, are you scared? Do you fear for your life? Do you think about getting a rabies shot? Of course not. You know they will move aside or stay right where they are, so you can both pass in peace and harmony. But the squirrels don't move.

It is almost like a old western showdown. Who is going to move first? Who is going to back down? And they don't back down. They don't move.

Now, I'm not saying all squirrels are evil or hate-mongers. In

fact, I have had some very cool encounters with squirrels. As a kid, we would always go to the Fourth of July parade (because everybody loves a parade), and one year, a squirrel ran by me and stopped. At first I was scared, but then I just stared at him and he stared back. Then, he ran on. I felt one with him at that time. I did not feel any sense of fear after it was over.

In Washington DC, I even had a squirrel eat out of my hand as I sat outside the Capital Building. He was cute, kind and very friendly. When I stuck out my hand I did not fear for my life. Rather, I was happy to be interacting with another living creature and glad I could help him out by sharing a little of my lunch.

Now Wartburg squirrels, that is a different story.

Walking back from



Becker Hall of Science, I was cutting across the quad to get to lunch and to check my snail mail (in hopes something was actually in the box), when I stepped in front of a nut. I didn't even think twice about it until one of our evil squirrels jumped out in front of me. I thought I was going to die. He looked at me, I looked at him, and then I moved away. He took the nut and ran off.

Any other animals would have waited for me to move to get to that nut, but not Wartburg squirrels. They show no mercy.

I don't know if it is that cut throat out there for food, if they are just mean-spirited in general or if they have been cross-bred with a Luther squirrel, but something isn't right with them. They are not like the rabbits and the cats.

Watch out for the squirrels. They'll get you.

As I've been trudging through my senior year of college, I've been doing some hard thinking about what I'd like to do with the rest of my life.

After a lot of thought, I think I would like the work of a squirrel. Imagine if you will a life based upon good vegetarian principles, living off the land and being a part of nature. You'd have nothing to do all day but scamper and eat. I'd really dig being able to climb trees that fast, too.

It's a beautiful image, really, just me, my chubby little cheeks, my winter insulation, maybe a tree to call my own some day, a big strong, strapping squirrel to curl up with at night, wrapping tails 'round each other for natural warmth.

After a few months, we'd pop out a little batch of tiny squirrels — a band of little bushy-tailed heroes to teach the ropes of our gatherer way of life, hopping from tree to tree, doing little cheek expansion exercises.

Ah, nature! Ah, squirrels! I can't imagine a better way of life, quite frankly.

Now, my colleague, Mr. Thomas, has written his own column preaching the evils of squirrel-dom, dismissing my little buddies as vile and hateful. He's attempted to color your visions of Wartburg's finest wildlife with stories of his own scary "run-ins" with the little tiny forces of gloom and doom.

Now I ask you, Thomas, did you ever stop to think about what was going through that little squirrel's mind? Did you ever stop to think of what it's like to be a squirrel? Ever imagine that squirrel might be a family man just tryin' to make it? Can you picture all those gaping, hungry little mouths to feed, seemingly endless in nut-holding capacity?

Jill K.
Norviel

With all the squirrels on campus, do you think it's easy to provide for a family these days? Did you ever stop to think about what the squirrels are thinking?

Well, I'll tell you, mister, about the life of a squirrel. I don't mean to pull age rank, here, Thomas, but I've been around this campus a little longer than you have. I've been out there with those squirrels; I've bonded with the squirrels.

While I've painted a pretty rosy picture of what it's like to be one of Wartburg's nuttiest, I'm also here to tell ya something else — it ain't no scamper through the park. The life of a squirrel is full of hardship.

Imagine if you will that one day the caf just blows up. As students, we would have to divert our attention away from all the rejoicing when we'd realize that our survival skills would need to be refined.

There would no longer be one spot to go to eat — our existence would depend upon foraging for the little bits of cod loin, blobs of dirt cake, niblets of chicken drummies and granules of Golden Grahams in the "wild." Not only would our meals be scattered all over the immensity of campus, but we'd be fighting with 1,500 other students for those scraps, trying to hoard and save as much as we could — not so much out of greed as the need to survive.

Squirrels are nature's little troopers, man.

So put yourself in that squirrel's place, Thomas, the little guy you met out on the quad. Try to imagine being down-on-your-luck and hungry and finally, after a long day of foraging, finding the Nut of Your Dreams, only to see it almost squished under the sneakers of some snot-nosed college kid wandering to his plush provided-meal lifestyle.

So as for you, Thomas, and really, the rest of you out there, take a few minutes to consider the tribulations of being, well, a rodent. Not every day is sunshine and rainbows, baby. A lot of our squirrels look, well, mangy and chewed on. I don't want to know why, maybe it's all the gang rumbles between rival bands of squirrels (north campus v. south campus, I don't know all the politics.)

Also, just think about all the other critters we could have on campus. Would you be so quick to exterminate the squirrels if it meant being replaced by, say, bats? Snakes? Dingos?

Squirrels aren't so bad, huh? Thomas? Just bushy tail envy.

LETTERS TO THE EDITOR

Event costs shouldn't be hidden

First of all, I want to thank CAB for providing an awesome hypnotist on Saturday. But I do have a complaint about the advertising.

Nowhere on campus was it posted that this event cost money. I was very irritated when I got to Neumann Auditorium and found that it cost \$2 for students and \$5 for non-students.

It's not that I would have minded paying this nominal fee for such a great show, but I do mind that I didn't know in advance it cost.

Perhaps next time an event is sponsored and advertised on campus (by anyone), all the information could be provided.

Jaime Spratt
senior

Kudos for column, questions on coverage

I have two comments to make regarding the post-Homecoming issue of the Trumpet.

First, I found Tim Bottorff's account of the year in baseball to be a most pleasant article to read, not only because of my love for baseball, but more so because of how well he wrote it.

His eloquent and descriptive phrasing along with a varied use of adjectives made my favorite sport seem so much more interesting and exciting than the usual use of a mere sixth grade vocabulary by many journalists.

Thank you, Tim, for gracing America's pastime with your beautiful description of it.

Second, I cannot truly express how disappointed I am at the lack of coverage of the musical events that are, and have always been, a part of Homecoming weekend.

Concerts were given by the symphony, the band and the choir, yet none were included in the Trumpet. Please be more mindful of such events in the future.

Jennifer Templin
senior

Music kicks off family weekend

by Annette Everding
Entertainment Editor

It was a night of music, laughter, ice cream, coffee, cappuccino, hot chocolate and audience participation at the first coffeehouse of the year.

Campus Ministry Board (CMB) sponsored the coffeehouse Friday night as part of the Family Weekend activities. Although most acts were student performers, there was one family which decided to display its talent.

Senior Mary Wold and her parents, Paul and Linda Wold, sang two songs as Mary played her guitar.

Many audience members recognized the first song, "Seek Ye First."

The second song, "Peace and Joy," was a bit unfamiliar. Linda's college roommate wrote it while they were at Wartburg.

Both sophomore Ben LeClair and the CMB outreach group Christ Jestures implemented some audience participation in their acts.

LeClair played his guitar and sang the Beatles' song "Let It Be," and invited the audience to sing along.

Christ Jestures used a different approach to reach audience members.

The group acted out a skit about God's forgiveness through baptism and the cross. During the skit, members of the group walked through the audience painting the sign of the cross on faces. The cross was done in red to signify being baptized in God's blood.

As the night progressed the sound of "Rhapsody" from junior Kristin Wendland's clarinet filled the air.

Seniors Mike Nehre, Eric Sorbo and Pete Faux played guitars and sang two selections.

The first song was an original composition by Nehre, entitled "Seeking and Searching." The trio decided for its second tune, to put in a plug for Jars of Clay by singing "Faith Like a Child."

Jars of Clay will play at Wartburg Nov. 7 in Neumann Auditorium.

The coffeehouse crowd heard two other pieces of music from a duo and a soloist.

Junior Ephraim Zamzow and senior Marylee Camp sang "Season of Love" from the Broadway musical *Rent*.

Sophomore Nicole Young sang "Angel" from the Nicholas Cage and Meg Ryan movie *City of Angels*.

And laughter echoed through Buhr Lounge as senior Nathan Friesen told the timeless classic Rinderella. It was a retelling of Cinderella, but as he told the audience, sometimes he gets his words mixed up when telling a story.

Throughout the story, Rinderella met and fell in love with a "pandsome hince" and "slopped her dripper" to win his affections.

Sophomore co-chairs Stephanie Shepard and Christy Hansen from CMB put together the coffeehouse entertainment and refreshments.



SING IT, SISTER—Left, sophomore Nicole Young sings at the coffeehouse Friday night. Young sang "Angel" from the movie *City of Angels*.

PAINTING THE WORD OF GOD—Below, freshman Alfred Treece paints a cross on the face on sophomore Lisa Donnenwerth. Treece is part of the Campus Ministry Board outreach program Christ Jestures. The group did a skit at the coffeehouse to signify God's forgiveness and love. The Christ Jestures members walked through the audience and offered to paint red crosses on faces. The red cross was used to represent having sins washed away through the shedding of Jesus's blood.

Nathan Friesen/TRUMPET



St. Elizabeth starts year with Farrell at the helm

by Carrie Sauer
Staff Writer

A small piece of the music program at Wartburg College has changed this year with Eileen Farrell manning the conductor's baton for St. Elizabeth Chorale.

Farrell came to Wartburg a year ago to teach private voice lessons. This year she replaced professor Matthew Armstrong as director of the Chorale.

"She is very enthusiastic and will bring some spirit to the group," said freshman Kris Yeager.

Originally from Broten, Minn., Farrell received her undergraduate degree from the College of St. Benedict/St. John's University in Minnesota.

She then completed her graduate degree in music education at North Dakota State University.

Her music experience has not been restricted to teaching; it includes a variety of people and places.

According to Farrell, some highlights of her career include singing and studying with the Louise Sherman Opera, Chicago Lyric Opera, Robert Shaw Festival Singers and the Carmel Bach Festival.

"Basically, I've sung and studied where my husband and Sears have moved me," Farrell said.



EILEEN FARRELL

This year the Chorale consists of about 65 women.

Sunday was the group's first performance. Students, faculty, staff and community members will have many more opportunities to see the choir perform during the year.

"St. Elizabeth Chorale is a wonderful group," said Farrell. "We are evolving as we go."

While it has not been one of the major components of the group in the past, Farrell said she would like to see the group travel more.

"She is very energetic and optimistic. She has high expectations for us and believes that we can do the hard pieces of music," said Lindsay Oelkers, a freshman.

Farrell is also a religion teacher at Columbus High School in Waterloo.

Concerts, Concerts, Concerts

Third Eye Blind—Oct. 27 @ the Adler Theatre in Davenport, Iowa.

Glenn Miller Orchestra—Oct. 28 @ the Madison Civic Center in Madison, Wis.

Aerosmith—Nov. 5 @ the Target Center in Minneapolis, Minn.; Nov. 7 @ the Mankato Civic Center in Mankato, Minn.; Nov. 13 @ the DECC Arena in Duluth, Minn.; Nov. 25 @ the Mark of the Quad Cities in Moline, Ill.

Barenaked Ladies—Nov. 22 @ the Northrop Auditorium in Minneapolis, Minn.

Squirrel Nut Zippers—Nov. 7 @ the State Theatre in Minneapolis, Minn.

Reba & Brooks and Dunn—Nov. 7 @ the Target Center in Minneapolis, Minn.

For more information, check out the Ticketmaster website at www.ticketmaster.com.

Resurrecting the memories

WARTBURG HALL

BY STEPHANIE ROBBINS/MANAGING EDITOR

It was the scene of daring escapes. Emergency food provisions were brought in for the relief of its occupants. And in 1984, when it was demolished, its former residents took pieces of it as a memorial to their years spent behind its formidable walls.

Wartburg Hall used to overlook the campus water fountain, and its back wall stood alongside Eighth Street. When the Whitehouse Business Center and Student Union were built, the stoic old hall lost its place, both functionally and physically.

In the fall of 1913, construction on Wartburg Hall had just ended, and the college's female students began living under its new roof. Only two dorms existed then: Grossmann Hall (now Founders) for the men and Wartburg Hall for the women.

It would also be the home of the campus post office, the Den and the bookstore for a number of years before those services moved to newer buildings.

Ron Matthias, interim dean of faculty and Wartburg alum, remembers a large lounge in Wartburg Hall, popular for gatherings and studying. "A lot of people tended to gravitate to Wartburg Hall in one way or another," he said.

RESIDENT LIFE

Dorm life for women was far different than how college women live today. Jan Striepe, Wartburg's alumni director, was a Wartburg Hall resident for one year. She said "house mothers" lived in an apartment in the back of the first floor. Teas and receptions were held for the women in the hall, too.

"Through the 1960s, the women couldn't go out past 10 or 11 o'clock," said Striepe.

Fortunately, she said, the fire escapes were a means of deliverance. When the women couldn't go to Roy's—a restaurant that bordered the Bremer County Museum and was famous for its greasy cuisine—the food would come to them.

"The guys would bring over egg and cheese sandwiches from Roy's," Striepe said. "I don't know if co-eds ever escaped (by using the fire escape), but I wouldn't be surprised."

CHANGING WITH TIME

The fourth floor of the dorm was finished in 1945. Striepe said an influx of students after World War II required more campus housing.

During the last years of Wartburg Hall's existence, only the ground and first floors



were still in use. The building was torn down when it was 70 years old.

"It no longer met the needs of the college. It was no longer structurally sound," said Striepe. "There were rumors that you could go into the attic and grab handfuls of wood because it was so rotted."

MEMORIAL

The four pillars from the hall's front porch were saved before demolition was completed, said Plant Manager John Wuertz.

A memorial for Wartburg Hall was finished this fall, and incorporates the columns that used to mark the entrance of the building.

"It's always been on people's minds to do something like this," said Wuertz of the monument between the WBC and Eighth Street.

KEEPSAKES TO TREASURE

Before the hall was destroyed, alumni had a chance to take a piece of Wartburg Hall with them. "Alums could get the actual numbers of their old rooms and light fixtures," said Striepe.

A mirror that reflected countless images of coeds in the building's hallway was a unique fixture, according to Striepe.

"[The mirror] came from Chicago, and it was so unusual because it was so nice," she said.

It was moved to Greenwood, the college president's home, when Wartburg



ONCE A LANDMARK, NOW A LEGACY—Wartburg Hall once stood where the Whitehouse Business Center (WBC) is now located. The all-female dorm was a central part of campus and hub of activity.

Photos courtesy
John Wuertz

Hall was leveled.

Matthias returned to work at Wartburg in 1984, right after Wartburg Hall was torn down. He had mixed emotions about the now-empty space behind the WBC.

"There was a lot of nostalgia to that building because ... it was architecturally attractive," said Matthias. "It was a building that had lots of history connected with it ... and it had a certain amount of class."

Harriers run well at Dan Huston invite

by Scott Eager
Staff Writer

The Wartburg harriers competed in the Dan Huston Invitational last Friday at the Waverly Municipal Golf Course.

Four different varsity races were held, and the Knights placed well in all of them.

The men competed in two races, 8000m and 4000m. Wartburg won the long race with a team score of 16. The top four runners earned places first through fourth.

T.J. Craig took first place with a time of 25 minutes and 52 seconds. Brian Ryherd came in second with a personal best time of 26:22. Freshman Matt Cook and sophomore Tom Zirbel both showed improvement, coming in third and fourth with the same time of 26:27.

Ryan Mitchell rounded out the top finishes, coming back from an injury to finish sixth.

In the short race, Ryan Harms accidentally ran the wrong way after opening a big gap, but he fought hard and ended in second place with a time of 12:22. Kendel Ricklefs finished third in 12:29. Freshman Mitch Cook rounded out the top five with fifth overall.

Wartburg won the short race with a team score of 29, and St. Olaf finished second.

The overall team finishes were determined by the combination of the long race score and the short race score.

Wartburg won the men's side with a team score of 45. St. Olaf was second with 101.

The women also ran a split-distance race.

The 5000m long race was a tie between Augustana of Rock Island, Ill. and Wartburg. Both teams finished with a score of 28.

Individually, Heidi Ludvigsen finished second behind Augustana's top all-American runner with a time of 19:07. Stacey Ernst finished fifth in 19:21. Julie Leonard, Erin Ries and Karen Bomar finished sixth, seventh and eighth respectively to round out Wartburg's top 10.

In the 3000m race, Trina Steines looked very good according to coach Steve Johnson. She finished first in 11:09. Erin Van Zee was third with a time of 11:19.

Kristy Blausberg, Amy Neal and Amy Wagner finished seventh, eighth and 10th respectively in the short race.

Overall the women finished second behind Augustana's 54 points with 57. Grinnell came in third with a score of 221.

"I am very pleased with the performances on both sides," said Johnson. "All the training that we have been doing has finally paid off in competition."

Next week the teams travel to LaCrosse, Wis., to compete.

"There will be 12 nationally ranked teams out of the 35 that are competing, so this will be a great opportunity for us," said Johnson.



Alison Enabnit/
TRUMPET
PUSHING IT TO THE LIMIT—
Teammates T.J. Craig and Brian Ryherd pressure one another during their home invitational Friday evening. The duo took the top two places.

Tennis places fifth in IIAC to end strong 1998 season

by Sarah Speltz
Copy Editor

After two days and 28 matches, the Wartburg women's tennis team closed its winning 1998 season with a fifth place finish in the Iowa Intercollegiate Athletic Conference (IIAC) tournament in Decorah.

"Everyone played this week-end to the best of their ability," said Wartburg head coach Steve McKinstry.

The IIAC tennis tournament was the final competition for individual players from 10 teams in six singles flights and three doubles flights. Individual players' results in each division were combined to find each total team score at the end of the tournament.

"Teams were very evenly matched," said McKinstry. "There were some easy scores, but there were no easy matches."

Top scorers for the Knights were third place finishers freshman Amy Taylor at No. 4 singles and junior Kristi Kischer and sophomore Rachel Kammerer at No. 2 doubles.

"The No. 2 team of Kischer and Kammerer held their seed in the tournament in a very competitive division," said McKinstry.

The duo defeated Kathi Beach and Amanda Lemon of Central College 7-5, 6-4 to win third place and a pair of conference medals.

"I am ecstatic. I've been working for this for three years," Kischer said.

"It's a great thing to do with a partner; there's something great in teamwork."

Taylor defeated Cara Lynch of Loras College, whom she had lost in three sets to earlier in the season, for her third place victory.

"Amy played just an outstanding tournament — very steady and consistent tennis. She kept her poise and concentration to win a close 7-5, 6-4 match," said McKinstry.

"It was a tough match," said Taylor. "I thought we both played well, and it really tested my ability."

"I was also particularly proud of our No. 1 doubles team of Ellie Miller and Sarah Speltz, who clearly saved their best tennis for last," said McKinstry.

Miller, a senior, and Speltz, a sophomore, although seeded eighth to begin the tournament, defeated Nikki Burke and Karoline Criddle of Coe College 6-0, 5-7, 6-2 to take fifth place in the No. 1 doubles flight.

Miller hit an overhead smash to win her last match and close out her Wartburg tennis career.

"Ellie played an important part of our team, not only because she played No. 1, but because of who she was," said junior teammate Kathryn Bauer.

McKinstry said next year the Knights will have to fill the shoes of No. 1 player Miller, "who provided a great deal of leadership and direction for our team."

Miller finished ninth in the No. 1 singles flight. Speltz claimed fourth place at No. 2, and Kischer, Kammerer and Kathryn Bauer all placed fifth as consolation champions in No. 3, No. 5 and No. 6 singles flights, respectively.

Bauer and Taylor finished fourth place in the No. 3 doubles flight after losing a close match to Wilwert and Jamie Mayrose from Loras 7-5, 6-1.

McKinstry said he was thrilled by the improvement in everyone's ability to compete and win matches through the entire week-end.

Saturday, after a full day of tennis on Friday, the Knights were able to come back out and win eight of 10 matches.

"It is truly an indicator of how hard the players worked and competed throughout the year," said McKinstry.

"I think everyone did really well, and a lot of people placed better than they were seeded," said Bauer.

Coach McKinstry said he thought nobody gave more effort than Wartburg.

"What a wonderful intro to my first year working with the women's tennis team," he said.

Netters ranked 8th nationally

by Janna Swedin
Staff Writer

Splashing into town Tuesday, the Storm of Simpson College were unsuccessful in drowning the Knights volleyball team's record.

In fact, they helped raise it to 5-1 in the IIAC and 11-1 overall.

The Knights began slowly, winning game one 15-11.

"It was good to see that we could come back after a rocky start," said Head Coach Jennifer Semler.

Wartburg picked up later in the match, drenching the Storm 15-7 in game two and 15-4 in game three.

"Simpson committed a lot of errors, and we caught on to that," said Semler.

Soaking the Storm at the net was senior outside hitter Deb Behne, who led the team in kills with 10.

Wartburg pounded away all night at the net. Sophomore Jenni Donohue and seniors Kayah-Bah Phillmann and Sarah Hinrichs smashed nine kills each.

Phillmann posted the highest attack percentage at .318, going nine for 22.

Defensively, senior backrow specialist Rebecca Albert raced away with 16 digs. Junior Heather Nail collected 13, while Behne produced 12 of the 64 total passes.

In non-conference volleyball action Friday, the Knights swept the Pioneers of the University of Wisconsin at Platteville, raising their overall record to 12-1.

Starting strong in game one, the Knights punched the Pioneers 15-6. In the 15-10 game two win, there were more long volleys, and neither team wanted to give up side-out. In game three, the Knights finished fast and firm with a 15-7 win. Semler said she was pleased with how her Knights played against the scrappy Platteville team.

"We had to run more unusual plays, but that was the fun part," said Semler.

In the match, the Knights put three players into double digits.

Recording an attack percentage of .519, Phillmann owned the court with 15 kills. Nederhoff and Donohue tied for second, parting with 10 kills apiece. Phillmann and Nederhoff also joined together for a blocking bash, splitting seven of the eight block assists.

Of the 60 total defensive digs, Hinrichs was all passed out with 16, and Nail grabbed 11 in the defeat. Nederhoff wasn't far behind with nine digs.

Gearing up for post-season, the Knights aren't looking to change much. Ranked No. 2 in the region and No. 8 in the nation, Semler said it's a case of "if it isn't broken, don't fix it."

Wartburg's next match is Tuesday in Decorah against the Norse of Luther College.

Soccer teams have tough week

by Deogratias Itandala
Staff Writer

Men's Soccer

The men's soccer team struggled last week, winning only one of three home games.

Monday, the Knights played host to Iowa Wesleyan and were beaten 2-1. The lone goal was earned by Ishmael Mintah.

Mintah is now the leading goal scorer with 17, followed by Arthur Krinsky's seven.

The Knights came back and won on Wednesday, beating Loras College 5-2.

Mintah and Randolph Cooper scored the two



Heather Arcaute/TRUMPET
DETERMINATION—Wartburg's
Siriboe digs in to attempt a pass.

Knight goals.

As signs of fatigue set in, the Knights lost 6-2 to Coe College on Saturday.

Mintah scored both Wartburg goals.

After the game, Mintah said the continuous games had caused players to be tired, and the team did not get enough time to correct mistakes of the previous match.

"We also under-rated them because we beat them last year, so we thought they would be the same again this year," added Mintah.

Sunday the team traveled to Cornell, where they were handed another loss. The Rams defeated the Knights 4-0.

The Knights overall record is 5-8, and 2-4 in conference games.

This week the Knights host Central at 5 p.m. Tuesday. Saturday they travel to Indianola to take on the Simpson Storm.

Women's Soccer

Although comments were unavailable at press time, the scores for the women's team are as follows:

Monday vs. Iowa Wesleyan, 7-6 win.

Wednesday vs. Loras, 5-2 loss.

Saturday vs. Coe, 6-1 loss.

TRUMPET

SPORTS

OCT. 12, 1998

Celebrating the new Wartburg athlete

by Matt Hansen
Columnist

How about those Knights? As the fall seasons reach the final stretch, Wartburg is the odds-on favorite to win or move on to the next level in almost every sport.

We are five weeks into the 1998-99 school year, and it is already shaping up to be one of the greatest years ever for Wartburg athletics. The cross country squads, both men and women, are highly touted nationally and are favorites to win conference. The volleyball team is dominant and is headed to regionals for only the second time in school history. The soccer squads have turned their programs around and look to have winning records, with the men competing for their first ever conference championship. And what about the Black Knights football team, undefeated, nationally ranked and coming off a huge win over Simpson?

The Wartburg athlete has evolved from years past. He or she is no longer afraid of tight competition and now has the heart and ability to not let up at the end of a battle because it hurts. Look at our cross country teams with T.J. Craig and Trina Steines, who last week won by having the courage to dominate the end of their races.

The new Wartburg athlete also loves to win and has fun doing so. The images that best describe this trait occurred in Saturday's football game. The first one was Big Harve leading the charge for the touchdown that put the game out of reach. When he looked at the fans and pumped his fist in the end zone, I could see his smile when he realized he and his teammates had finally won a big one. Another image was Taylor Anderson, Jeremy Rummel and Juan Ruiz flying at the quarterback for a sack, then meeting up to celebrate it. And the final image from Saturday's game was Trevor Shannon scoring a touchdown. Trevor may be one of the calmest people I have ever met, but when he scores a touchdown, his emotions fire up his teammates and fans.

The final change in the Wartburg athlete is that he/she has coaching and fan support across the spectrums of Wartburg sports. In every sport we now have quality coaches who want to lead and have the ability to take their teams to national championships.

And the fans at Wartburg college are as good as any I have ever seen. We have the Superfans, classy parents who cheer but are not idiots and a core of student support far greater than that of other Iowa conference schools. For example, how about the "Rausch Rush?" When Ryan scores a touchdown, he is immediately mobbed by the student section in the end zone. Fan support doesn't get much better than that.

My challenge to the newly evolved Wartburg athlete is to make this the most successful year in school history. In 1993, Wartburg was conference champions in five sports. Let's get eight or nine conference championships this year and leave the rest of the IIAAC wondering what hit it.

In the words of Big Jack, "Wartburg College—U rah Rah RAH!"

Knights survive Storm

by Jake Byers
Staff Writer

The Knights weathered a Simpson Storm, defeating them 31-21 in Saturday's conference showdown.

The Wartburg defense used the philosophy of "bend, but don't break" to hold the explosive Storm to 21 points.

Dave Devine and Justin Schmidt led the Knights with 7 tackles.

Wartburg's offensive scoring attack led to big game stats for the Knights. Trevor Shannon pounded his way to 117-yards rushing and 72-yards receiving.

Matt Wheeler had passed for 223-yards, and sophomore sensation Ryan Rausch had 8 catches for 121-yards.

"This is the first time we've had to deal with adversity in a game," said Shannon. "The whole team responded very well to the situation. We played like a championship team."

Wartburg's defense threw the first punch of the game by forcing a Simpson fumble. Ryan Schutty recovered the ball on the Simpson 7-yard line.

With excellent field position, the Knights wasted no time putting points on the board. Shannon ran it in on the first play of the series for a 7-yard touchdown. The Cody Teslow kick was good.

The defense stuffed the Storm on its next possession, forcing a punt and giving the ball back to the Knights at the 20.

Wheeler connected with Rausch on the first play of the drive for a 21-yard gain. Then the Storm committed pass interference, placing the ball on its 14-yard line.

Wheeler and Rausch struck again for the 14-yard touchdown. The Knights went up 14-0 with a Teslow extra-point.

The Knights' next scoring drive of the first quarter held true to the offense's quick strike style. Rausch grabbed another pass from Wheeler for a 22-yard gain.

Tyler Molstre had the longest rush of the day with a 33-yard burst for the score. Teslow booted another extra-point through, putting the Knights up 21-0.

In the second quarter, the roles reversed. Wartburg's powerful offense was held scoreless while Simpson used a punishing running attack and some big passes to tie it up before the half.

The second half was a defensive struggle with both teams holding strong.

The Knights defense gained the early advantage. Devine forced Simpson to fumble and recovered the ball at the Storm 35-yard line.

The Simpson defense stifled the Knight rushing gain, forcing a 24-yard field goal attempt. Teslow's kick made it 24-21.

Simpson put together a good drive on its next possession but failed to score. A penalty and two sacks by Schmidt and Jeremy Rummel forced the Storm to punt.

Simpson's defense continued to hold Wartburg to minimal yardage while the Storm offense threatened.

Simpson passed its way to the Wartburg

Wartburg 34, giving the offense another chance to put the game away. But the Storm held and forced the Knights to punt.

The swarming black jerseys of the Knights defense kept Simpson in check.

Wartburg started the next drive on its own 34-yard line with 7:29 left in the fourth quarter. The big play makers, Wheeler and Shannon, gave the Knights the ball on the Storm 34 with a 31-yard pass play.

The offensive line then allowed the Knight running backs to pound the ball up the middle, eating up precious time for Simpson. The offense dashed the spirits of the Storm with a leaping grab in the end zone to put the Knights up by 10 with only 1:47 on the clock.



Sarah Christopherson/TRUMPET

I'VE GOT IT—Sophomore Ryan Rausch stretches out to make one of many catches in Saturday's game against Simpson. He ended the game with 121-yards receiving on eight catches. Rausch also scored two touchdowns to help lead the Knights to a 31-21 victory over the Storm.

5-yard line with two 31-yard throws. The Knight defense switched the momentum on this stand.

The Wartburg defense showed hard-nose football with three straight stops on a tough Simpson running attack. The Knights took over the ball after the Storm failed to convert on a fourth down.

The Knight offense continued to struggle, but the Wartburg defense came up big again.

Devine forced another Storm fumble, and Taylor Anderson recovered at the

The Wartburg defense stopped the Storm on its last attempt and the offense held the ball to secure the Knight victory.

"It was definitely a hard-fought battle," said Head Coach Rick Willis. "Our players showed a lot of character. It's an exciting win for us."

Wartburg moved its record to 5-0 with the victory over Simpson.

Saturday the Knights travel to Decorah to face the Luther Norsemen. Kick-off for the infamous Wartburg vs. Luther duel is scheduled for 1:30 p.m.

Golf team competes at Midwest Small College Invite

by Chris Peschau
Staff Writer

Saturday the women's golf team competed in the Midwest Small College Invitational held at the Waverly Municipal Golf Course.

Although they finished eighth out of nine teams, they each recorded very consistent scores during the two-day tournament.

Coach Todd Reiher said there were a lot of very strong teams at the competition. Hewas also very positive as he reflected on the 1998 season.

"It was a good season for us. The team worked hard and continued to improve all year," said Reiher. "This team is young and next year everyone will be back for an even better season than this year."

Wartburg Golfers	1st Day	2nd Day	Total
Sarah Black	44-51=95	45-50=95	190
Missy Jostand	50-46=96	43-52=95	191
Rachael Stephens	48-54=102	45-52=97	199
Kristy Lasack	49-53=102	47-55=102	204
Caryn Goettsch	54-54=108	49-61=110	218